

REHABILITATION CASE MANAGER & OCCUPATIONAL THERAPIST

Injury Specialisms:
- Complex Orthopaedic &
Musculoskeletal Polytrauma
- Amputation
- Persistent Pain Conditions
- Mental Health
- Learning Difficulties
- Cognitive Impairments through
Acquired Brain Injury
- Functional Neurological
Disorders

Ages Covered:
Adults and adolescents
(from 16+)

Based in West Yorkshire Coverage: UK Wide

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BIOGRAPHY

Lara is an extensively experienced Occupational Therapist with over 18 years of professional experience in acute and community settings within the NHS, personal injury case management, and vocational rehabilitation industries. She has worked with adults with complex needs, including elderly, orthopaedics, vascular and neurology, oncology, haematology, medicine, and surgery.

Lara has also worked in Australia and the UK in challenging behaviour multi-disciplinary teams, adult mental health wards, and non-government organizations for adults with complex neurological needs. She most recently worked as a Rehabilitation Consultant, for an insurance company, supporting individuals to overcome trauma and focus on returning to work and function.

Lara is an extensively experienced rehabilitation expert. She has a wealth of experience in multi-trauma rehabilitation, neurology, and amputation, as well as supporting major trauma incidents. With a background in occupational therapy, Lara has a unique perspective of the world through the eyes of her clients. She is passionate about ensuring positive outcomes for each individual and conducts thorough assessments to achieve this goal.

Lara is a firm believer in setting SMART functionally-relevant rehabilitation goals and regularly reviews them to track progress towards independence, daily activities, leisure, and return to work. She takes pride in providing a person-centered approach and values communicating to all parties involved to ensure they are regularly updated to capture every aspect of an individual's journey to recovery. In addition to her extensive experience, Lara has attended specialized training with BABICM on brain injury and case management, as well as training on functional neurological disorder with REACH.

QUALIFICATIONS, MEMBERSHIPS & AFFILIATIONS

Bachelor of Science (Occupational Therapy)

Functional Capacity Evaluator

Registered with the Health Care and Professional Council

Registered with the British Association of Occupational Therapy

Member of the Case Management Society UK

Member of British Association of Brain Injury & Complex Case Management